

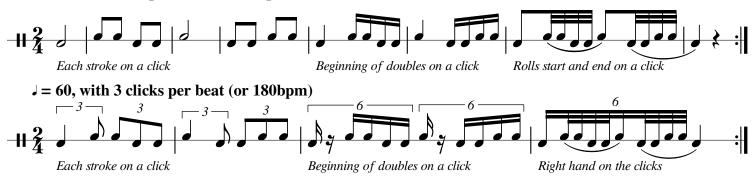
## THE THREE CAMPS

### **Improve Your Triplet-Based 5-Stroke Rolls**

Exercise 1: Open to Closed 5-Stroke Rolls.

- Line 1 works on duple rhythms.
- Line 2 works on triplet rhythms.

J = 60, with 2 clicks per beat (or 120bpm)



Exercise 2: Skeleton + Triplet 5-Stroke Rolls.

- Line 1 works on the basic skeleton.

- Line 2 applies the skeleton to the longer 5-stroke roll phrase at the end of the lines in Three Camps.









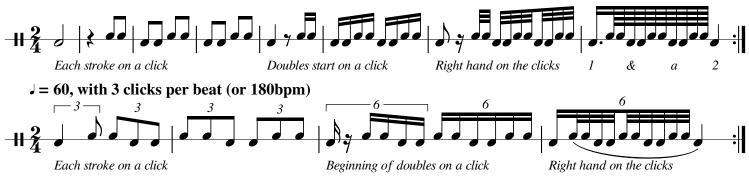
## THE THREE CAMPS

### **Improve Your 11-Stroke Rolls**

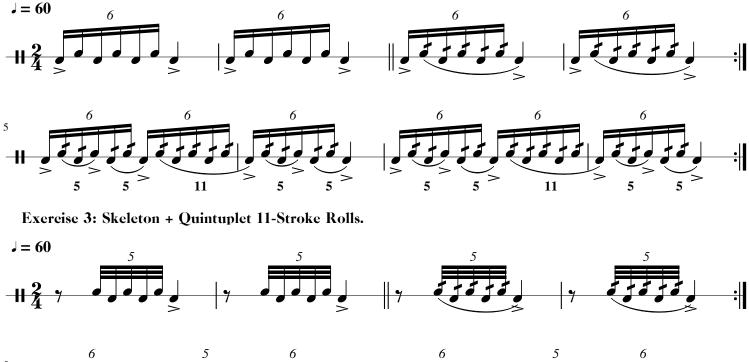
Exercise 1: Open to Closed 11-Stroke Rolls.

- Line 1 works on duple rhythms.
- Line 2 works on triplet rhythms.

J = 60, with 2 clicks per beat (or 120bpm)



#### Exercise 2: Skeleton + Triplet 11-Stroke Rolls.





Historic Drumming. By John A. Chapman



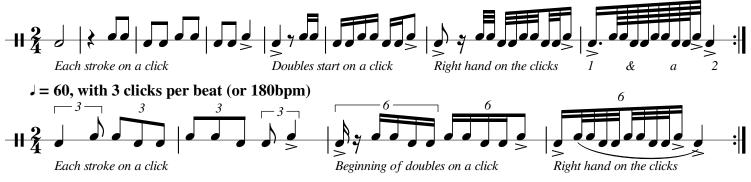
# THE THREE CAMPS

### **Improve Your 10-Stroke Rolls**

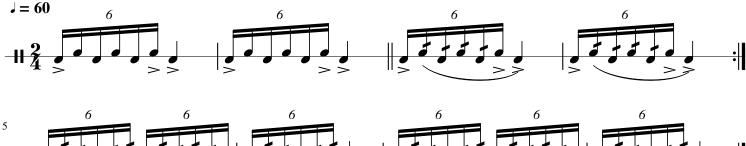
Exercise 1: Open to Closed 10-Stroke Rolls.

- Line 1 works on duple rhythms.
- Line 2 works on triplet rhythms.

J = 60, with 2 clicks per beat (or 120bpm)



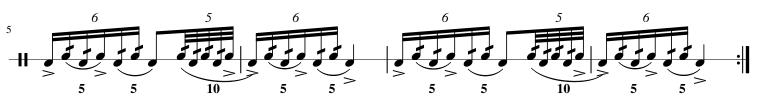
#### Exercise 2: Skeleton + Triplet 10-Stroke Rolls.





Exercise 3: Skeleton + Quintuplet 10-Stroke Rolls.





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